

Cambs LMC

April 2025



NEWSLETTER

New year new contract overload

It's the time of year for the inevitable overwhelm that comes with contract changes and their associated guidance and this April is no different. The LMC office inbox has been buzzing with queries, comments, and challenges about what is new and what is to come in relation to both national and local updates.

To help to understand the implications of the national GMS and PCN DES contract changes, we've drawn on excellent analysis undertaken by our colleagues in Berks, Bucks and Oxon (BBO) LMCs to produce an [update](#) to take you through the different aspects. You'll have hopefully been able to join one of the BMA GPC webinars, led by our own Dr Katie Bramall, which have provided further context and detail behind the changes and what next steps are starting to look like.

Locally, we have our own online Open Meeting next Tuesday evening (29th April 2025) where you'll have a chance to hear more and where we'll cover areas more specific to our local Cambridgeshire and Peterborough footprint.

More inside...

National Contract

Local Commissioning

LMC Election Results

National Updates

Support & Signposting

[National Contract Analysis](#) 

[LMC LCA Summary](#) 



TUE
29
APR

19:00-21:00

Cambs LMC Virtual Open Meeting

**'2025/26 National GP Contract & Local
Commissioning Briefing'**

[Click here to book:](#)

<https://www.eventbrite.com/e/cambs-lmc-open-meeting-tickets>

Your LMC met yesterday...

We can't ignore that there have been some big announcements about the future of NHS England and the significant cuts to the running costs of ICBs, reductions in the region of 40-50%, which will undoubtedly result in fewer ICBs operating over larger areas. Keep an eye on updates from the Primary Care team at the ICB and via their regular webinars for more information about what this is likely to mean for Cambridgeshire and Peterborough. We are conscious that this is an unsettling time for our ICB colleagues and acknowledge the difficulties and challenges that will follow as the transitions to new structures begin.

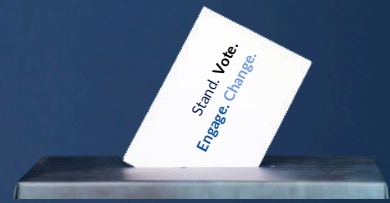
We've purposefully kept this newsletter light knowing that the Open Meeting will furnish you with the current updates you'll be looking for, including more specifically what work is still to come to continue to update and strengthen local arrangements throughout this year and into the future. If you want to get ahead of the game, then our [current summary of the LCA is available here](#). It has been shaped by your queries into office so far but will be further updated after Tuesday evening's meeting.

The first meeting of this new financial year, and members have been instrumental in drawing out and shaping some of the key messages that will be shared with wider constituents at the Open Meeting.

Despite all the changes and challenges, your LMC endeavours to remain a stable support for you all.

We look forward to seeing you on Tuesday night where we will share our thoughts on both the national and local changes along with the challenges and opportunities for the year to come.

Cambs LMC Committee Election Results 2025



We are delighted to announce the results of the Cambs LMC Elections 2025.

Our thanks to everyone who stood in this tightly contested election, and in particular to over 300 constituent GPs of Cambridgeshire and Peterborough that voted. We welcome our four new members, Drs Tamara Keith, Emily Manning, Iziyeba Otobo and Pheng Toh and our eight returning members, Drs Francesca Frame, Hayley Haworth, Alisdair Macnair, Ben Miller, James Morrow, Paula Newton, Daniel Nlewedim, and Duncan Outram – each elected for a four-year term.

We said goodbye to Drs Duncan Blake, Lisa Lim, Jessica Randall-Carrick and Toseef Sethi who attended their final meeting with us in March.

YOUR NEW COMMITTEE

Our [Committee page](#) on our website will shortly be updated to reflect the new committee, including their photos and bios.



Dr Diana Hunter - Chair
Salaried GP



Dr James Howard - Vice Chair
GP Partner



Dr Francesca Frame - Treasurer
GP Partner



Dr Jo Scrivens
Salaried GP



Dr Paula Newton
Locum GP



Dr Eimear Byrne
Locum GP



Dr Reem Al-Shaikh
GP Partner



Dr Stephanie Betts-Masters
GP Partner



Dr Ben Curtis
GP Partner



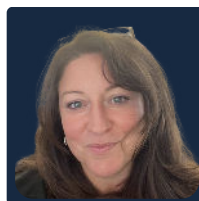
Dr Hayley Haworth
Salaried GP



Dr Tamara Keith
GP Partner



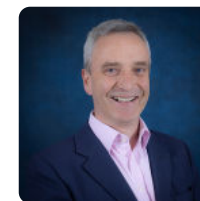
Dr Alisdair Macnair
Portfolio GP



Dr Emily Manning
GP Partner



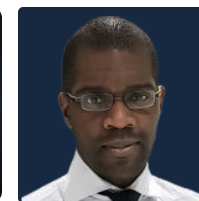
Dr Ben Miller
GP Partner



Dr James Morrow
GP Partner



Dr Daniel Nlewedim
GP Partner



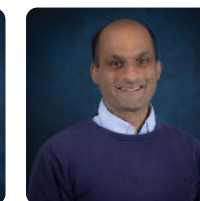
Dr Iziyeba Otobo
GP Partner



Dr Duncan Outram
GP Partner



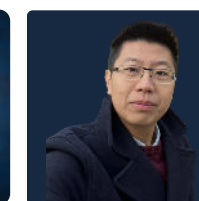
Dr Jo Pritchard
GP Partner



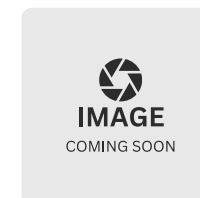
Dr Kevin Remedios
GP Partner



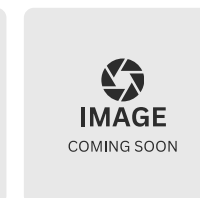
Dr Caroline Rodgers
Salaried GP



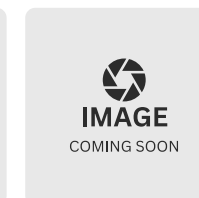
Dr Pheng Toh
GP Partner



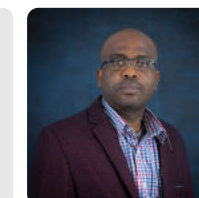
Dr Sara Edwards
GP Registrar



Dr Ahmed Elrayes
GP Registrar



Dr Yogesh Gondalla
GP Registrar



Dr Idowu Orisabinone
GP Registrar

► Local collective action: stay safe, stay organised, stay united

GPC England's national dispute with Government is now over, following the acceptance of the 2025/26 contract agreement. However, the importance of local collective action to resolve ongoing commissioning gaps continues and indeed should be ramped up. The role of your LMC in this and pressurising your ICB to resource what has been unfunded work up to now are vital. [Read the latest local collective action guidance on our GP campaign page >](#)

BMA [safe working guidance](#) continues to be GPC England policy and is regularly updated. Newly planned 2025/26 contractual asks, such as patient access to e-consultations for routine care as well as requesting fit notes or medication queries, do not mean GP practices must offer unlimited capacity that jeopardises patient or staff safety. The safe working guidance includes [template letters](#) which help practices manage workload and limit capacity to deliver safe, high-quality care.

It is also important to state that you do not need to turn on 'GP Connect Update Record' which the vast majority of you turned off last summer. BMA has heard some ICBs are telling GPs to turn it on – this is wrong. It is an area of ongoing discussion with Government in the coming months, and BMA will issue more guidance ahead of the proposed 'switch on' for 1 October 2025.

Many of you are asking questions about the new Advice and Guidance Enhanced Service and BMA will be issuing guidance on this very soon. You can [read the NHSE guidance here](#). If you use A&G then you are eligible to claim the fee from April 1 2025 so it is important to keep a tally of those done and submit claims each month as per the guidance. BMA will cover more of this in the guidance document.

All colleagues are encouraged to read [GPC England's guidance on the 2025/26 contract changes](#), where additional related guidance will be added in the coming days and weeks.

Thank you for all your hard work day-to-day in your practice as BMA continues to push for the investment needed in general practice to once again make it fit for purpose and a place to enjoy working in.

► Prescribing/dispensing update

Two prescribing areas BMA is planning to develop guidance for over the next few weeks/months:

Inclisiran - NHS England has updated its [guidance for Inclisiran](#), specifically:

- Inclisiran purchased at £45 and reimbursed at £60 (profit uplift of £5 - > £15)
- secondary care restrictions removed
- offered to community pharmacy as well as GPs.

There is existing [joint RCGP/BMA guidance for Inclisiran](#) and BMA plans to update this, following the above update and the changes to QOF within the 2025/26 GP contract.

Tirzepatide - (Mounjaro) for weight management has been [approved by NICE](#) for delivery within primary care by 23 June 2025. NHS England has delegated this responsibility to individual ICBs, and GPC England has not been consulted about this. BMA is clear that prescribing for weight management is not part of GP essential services and this activity must be accompanied with the additional funding.

More guidance when funding mechanisms are clearer will follow.

►► Use of patient data

You may have seen reports in the [Guardian](#) about preparations being underway to allow the transfer of GP data to organisations like Biobank for research studies. NHS England and the Department of Health are considering repurposing the dataset, designed for pandemic planning and research, to enable the GP data of those patients who have given explicit consent to be passed over to organisations like Biobank. NHS England will assure the consent processes and will assume liability for any flows of data, should a Data Direction and suitable Data Provision Notice be forthcoming. BMA has been clear that patients who may already be enrolled in these programmes are able to opt out, should they withdraw their consent, without increasing GP workload.

Separately to this, BMA has been in positive discussions with the Department of Health and NHS England on the forthcoming extension of [OpenSAFELY](#) to non-COVID purposes. OpenSAFELY is unique in the sense the most disclosive GP data remains in situ in the system suppliers' systems and the analyses take place there. BMA will share more news on the progress of OpenSAFELY in due course.

►► PCN DES CAIP component - 'simpler online requests'

BMA guidance on CAIP (Capacity and Access Improvement Payment) has been updated and is available here: [Primary care network funding](#).

►► BMA Patient Liaison Group Virtual Symposium

Wednesday 30 April 2025, 9:30 – 13:30

Online via Microsoft Teams - Please register here: <https://events.bma.org.uk/plg25/reg>

With 5,289 men lost to suicide in England, Scotland and Wales in 2023, this year's PLG symposium will explore the gaps in the health and social care system, how factors such as neurodiversity, deprivation, and intergenerational experiences intersect with mental health, the stigma around masculine identity and seeking help, and what actions could drive meaningful change. Please contact confunit@bma.org.uk for more information.

►► Maximise your chances of GP job success

3 June 2025 - [Register your interest >](#)

Join the comprehensive virtual workshop designed to help you navigate the GP job market with confidence.

The interactive event is designed to support ST3 GP registrars, sessional GPs seeking new or additional roles or hours, GPs qualified outside the UK looking for their first NHS roles, GPs returning to practice after a career break, and First5 GPs.

This workshop provides expert guidance on navigating the job market at ST3 level and beyond, including alternative career pathways and finding the role that's right for you. Discover the support and resources available from the BMA and other organisations to aid your job search. With insights from experienced GPs, opportunities to ask questions, and a dedicated discussion session, you'll leave with the knowledge needed to maximise your chances of securing your ideal role.

Support and Signposting

Representing

Supporting

Advising

Cambs LMC is always here to represent, support and advise GPs and their practice teams in a safe, confidential space if you are struggling or in distress. We actively encourage you to reach out to us.



Visit our **website** for more information or snap the QR code:

Vacancies in General Practice



We advertise any roles in General Practice on our website: <https://cambslmc.org/jobs/>. This remains a free service to our constituent practices in Cambridgeshire & Peterborough. To advertise a vacancy in your practice, please email us the details, including the closing date and any supporting documents in to office@cambslmc.org.

Practices seeking GP Locums - We continue to forward any GP Locum availability you might have to our locum mailing list. When sending requests to office@cambslmc.org to forward on, please remember to include a short synopsis of your practice in your requests i.e. where you are, what clinical system you use and relevant contact information.

Remote GP Locum sessions - If you have roles which could be undertaken remotely – why not advertise these too? Attract GPs from across the country, and rather than working for other companies, they could work for you, and get NHS pension contributions and instant messaging with senior GPs to support.



Email
office@cambslmc.org
to receive our updates

BMA Wellbeing

View BMA wellbeing support services page here:



<https://www.bma.org.uk/advice-and-support/your-wellbeing>

A range of wellbeing and support services are available to doctors, including 24/7 confidential counselling and peer support services, NHS practitioner health service and non-medical support services such as Samaritans. Doctors in Distress also provides mental health support for health workers in the UK, providing confidential peer support.

See their **poster** with 10 tips to help maintain and support the wellbeing of you and your colleagues.

CQC Guidance

Guidance for GPs
Youtube
GP Mythbusters

PCSE Guidance

Guidance Pages
Monthly Updates
Youtube

Contact us:

email: office@cambslmc.org
website: www.cambslmc.org

